

Appoloniajogging

Overall Results 4km

Plaats	Nummer	Naam	GJ	Geslacht	LC	Club	Tijd
4km							
1.	310	De Proost, Steven	1974	M	Male 45-49		0:14:23,5
2.	303	Nevelsteen, Kristof	1984	M	Male 35-39		0:14:42,1
3.	332	Ponseele, Micha	2010	M	Male 10-14		0:14:53,4
4.	327	Desplenter, Robbe	2000	M	Male 20-24		0:14:56,4
5.	335	Verachtert, Fons	2006	M	Male 15-19		0:16:05,3
6.	315	Korthout, Tim	1987	M	Male 35-39		0:16:13,4
7.	313	De Cock, Nico	1975	M	Male 45-49		0:16:26,3
8.	300	Thijs, Floris	2011	M	Male 10-14		0:17:01,1
9.	312	Van Hove, Evy	1982	F	Female 40-44		0:17:16,1
10.	317	Theys, Finne	2012	F	Female 10-14		0:17:28,7
11.	316	Theys, Koen	1984	M	Male 35-39		0:17:29,8
12.	324	Ruels, Peter	1963	M	Male 55-59		0:18:20,4
13.	325	Heylen, Toon	1987	M	Male 35-39		0:18:30,7
14.	306	Cambré, Sandra	1972	F	Female 50-54		0:18:51,7
15.	307	Jacobs, Nele	1982	F	Female 40-44		0:20:13,4
16.	323	De Jongh, Saar	2007	F	Female 15-19		0:21:00,1
17.	338	Verachtert, Jos	2010	M	Male 10-14		0:21:12,4
18.	336	King, Oscar	2006	M	Male 15-19		0:21:13,9
19.	334	Ponseele, Eppo	2007	M	Male 15-19		0:21:14,6
20.	319	Vanherck, Bart	1976	M	Male 45-49		0:21:47,5
21.	322	Cuinen, Hille	2008	F	Female 10-14		0:21:57,7
22.	329	Vanreusel, Nore	2013	F	Female 9 & Under		0:22:03,1
23.	331	Van Tendeloo, x	1957	M	Male 65-69		0:22:05,2
24.	314	Cleynmens, Karin	1968	F	Female 50-54		0:22:12,1
25.	339	Julliams, x	1972	M	Male 50-54		0:22:23,1
26.	337	King, Josephine	2007	F	Female 15-19		0:22:45,1
27.	318	Van Orshaegen, Nicole	1959	F	Female 60-64		0:23:38,3
28.	321	Luyten, Guido	1957	M	Male 65-69		0:24:31,6
29.	304	Croes, Christiane	1963	F	Female 55-59		0:24:33,4
30.	305	Teunnens, x	1962	M	Male 60-64		0:24:34,0
31.	330	Vanreusel, Mila	2016	F	Female 9 & Under		0:24:34,4
32.	302	Biesmans, Lisett	1946	F	Female 70+		0:25:36,9
33.	311	Heylen, Jos	1945	M	Male 70+		0:25:37,3
34.	326	Meeusen, Katrien	1969	F	Female 50-54		0:25:43,5
35.	328	Verbrugghe, Lin	1983	F	Female 35-39		0:25:46,0
36.	308	De Krock, Machteld	1985	F	Female 35-39		0:27:04,0
37.	309	Verbiest, Maarten	1984	M	Male 35-39		0:27:05,0
38.	301	Jans, Lisett	1948	F	Female 70+		0:28:13,4

Number of records: 38